

Temple Elementary School Breakfast Menu

January 2022



Menu Subject to Change

My Plate.gov. Internet
http://www.myplate.gov

Attention Parents and Teachers
Breakfast is the most important meal of the day and provides the necessary energy to start a day of learning and achievement. Children who eat breakfast at school:

- *Score better in standardized tests
- *Have fewer health issues
- *Behave better in class

	Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Muffin ----- 100% Juice Fresh or Prepared Fruit ----- Milk	4 Cinnamon Bar ----- 100% Juice Fresh or Prepared Fruit ----- Milk	5 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk	6 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk	7 Pancakes ----- 100% Juice Fresh or Prepared Fruit ----- Milk
1	10 Cinnii mini ----- 100% Juice Fresh or Prepared Fruit ----- Milk	11 Waffles ----- 100% Juice Fresh or Prepared Fruit ----- Milk	12 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk	13 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk	14 French Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk
2	17 Martin Luther King Jr 	18 Cinnamon Bar ----- 100% Juice Fresh or Prepared Fruit ----- Milk	19 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk	20 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk	21 Pancakes ----- 100% Juice Fresh or Prepared Fruit ----- Milk
1	25 Cinnii mini ----- 100% Juice Fresh or Prepared Fruit ----- Milk	26 Waffles ----- 100% Juice Fresh or Prepared Fruit ----- Milk	27 Donut ----- 100% Juice Fresh or Prepared Fruit ----- Milk	28 Cinnamon Roll ----- 100% Juice Fresh or Prepared Fruit ----- Milk	29 French Toast ----- 100% Juice Fresh or Prepared Fruit ----- Milk
2	31 Muffin ----- 100% Juice Fresh or Prepared Fruit ----- Milk			Students that qualify for free or reduced lunches also qualify for free or reduced breakfast	

Offered Daily With all School Breakfasts:
Breakfast price 1.30

Fresh or prepared fruits

Non or Low Fat White or Non Fat Chocolate Milk Available Daily

We serve the following items

Daily

choose 1

Cereal w/Toast
Yogurt w/Giant Goldfish

100% Juice, Fresh or prepared fruit

Non or Low Fat Milk

Students may choose one item from each section

Must take at least 3

Choose one

Choose one

Choose one

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